

Ohio North Basic Skill Awards Program



Video clips can be found at http://www.youtube.com/profile?user=OYSANSkillAwards	Date Completed
Basic Skill Awards Level 1	
Kick and Catch	
Six 1-touch and catch repetitions using either foot without a drop	
Basic Skill Awards Level 2	
Kick above Head Height and Catch	
Six 1-touch and catch repetitions using either foot without a drop	
Basic Skill Awards Level 3	
Kick and Catch	
Six 1-touch and catch repetitions using <i>alternating feet</i> without a drop	
Basic Skill Awards Level 4	
Kick above Head Height and Catch	
Six 2-touch and catch repetitions using <i>alternating feet</i> without a drop	
Basic Skill Awards Level 5	
Two Body Part Juggling and Catch	
Six 2-touch and catch repetitions using two different body parts without a drop	
Basic Skill Awards Level 6	
Continuous Juggling	
Ten consecutive juggles using a minimum of two body parts without a drop	
Basic Skill Awards Level 7	
Head and Catch	
Ten 1-touch and catch repetitions without a drop	
Completion: Ohio North Basic Skill Awards Bag Tag	

Verifying Adult's Name:
Verifying Adult's E-Mail:
Verifying Adult's Phone:
Player's Name:
Player's Date of Birth:
Player's Address:
Player's Phone:

Fax 440-526-9055
 E-Mail: coaching@ohionorthsoccer.org; or
 Mail: Ohio North Skill Award, 6650 W. Snowville Rd, St Y, Brecksville OH 44141

The Basic Skill Award is restricted to players who are aged 14 or younger.